

Subject: Spice UP your journey: top Caribbean eats in Toronto!

Date: Thursday, August 1, 2024 at 10:00:37 PM Eastern Daylight Saving Time

From: UP Express

To: Morgan MacLean

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Toronto's Top Caribbean Flavours Await!

Toronto comes alive for Caribbean Carnival, celebrating Caribbean heritage through music, dance, and food. From August 1 to 5, over a million tourists are expected. UP Express offers a 25-minute ride from Pearson Airport to downtown, making it easy to explore Toronto's best Caribbean cuisine.

[EXPLORE CARIBBEAN SPOTS](#)



Roywoods – Grab and Go Caribbean

Roywoods is your Caribbean culinary escape located right in Union Station, steps from UP Union Station! Indulge in traditional jerk chicken, oxtail, and plantain dishes that promise to delight wherever your journey takes you.

[Read more >](#)



Old Nassau – A Taste of the Bahamas in Toronto

Escape to the Bahamas at Old Nassau near [UP Weston Station](#). Dive into conch fritters, fried snapper, and seafood platters that transport you to sun-soaked beaches. Recently praised by food critic Keith Lee, this spot promises a unique atmosphere and unforgettable Bahamian flavors.

[Read more >](#)

Celebrate Caribbean Carnival with UP

If you're flying through YYZ for Caribbean Carnival, UP has you and your friends covered! Groups of 3-5 people travelling together can save up to 36% off the standard Adult one-way fare with UP's Group Pass.

[Buy now >](#)



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